

Welcome to the
Cathedral of the Nativity of the Blessed Virgin Mary
Eighteenth Sunday in Ordinary Times
August 2, 2020

Entrance Antiphon: O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.

Responsorial Psalm: The hand of the Lord feeds us; he answers all our needs.

Communion Antiphon: You have given us, O Lord, bread from heaven,

Needed

Ushers and Lectors—As we begin opening for mass on Sunday mornings (and eventually) Saturday evenings, we are in need of ushers and lectors. Please, if you think you are available to help with either of these posts, we would greatly appreciate it. We cannot have masses in the hall without **two** ushers per mass. The more people we get to help, the more flexible we can be with scheduling. Please contact the parish office for more information.

Saturday 5:30 pm (soon, but NOT yet)

Sunday 10:30 am

Reminders

Weekend Mass Sign-up—**You must sign up WEEKLY** through the parish office for the weekend masses as we can only accommodate 30 people per mass. Also, if you sign up to attend, then change your plans, we would really appreciate a phone call or email to let us know so we can make room for others.

Masks and Social Distancing—Masks or face coverings are **required to be worn** for the duration of the mass. Social distancing of 6 feet is also required. This also includes asking that you remain in your seat or row for the duration of mass in order to maintain the required distance. **Due to virus considerations, communion can only be distributed in the hand at this time.**

We do understand that these are not ideal circumstances. In order to ensure the safety of all of our mass-goers, this was a condition that had to be met in order for us to celebrate mass in such a small space. We appreciate your understanding.

Flocknote

Please consider signing up for Flocknote. This is the most streamlined way to reach our parishioners with news, updates, and important information.

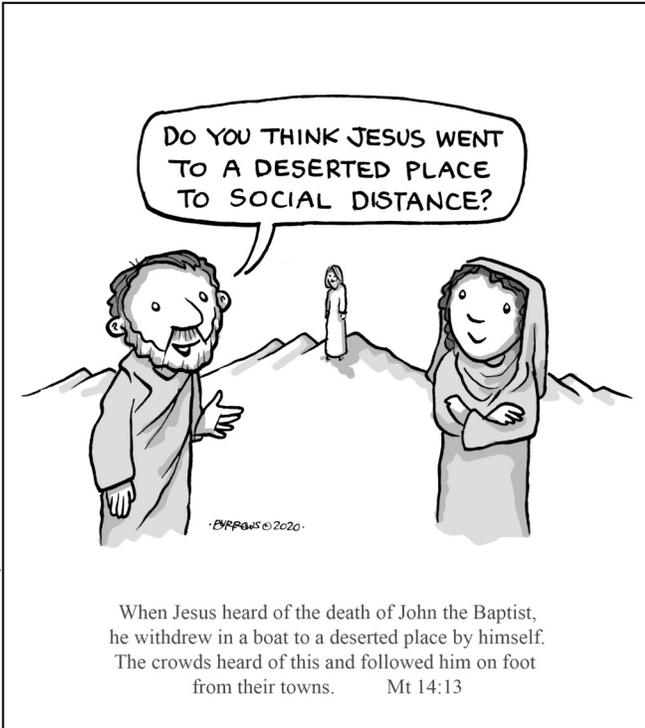
To sign up via the internet, please visit <https://cathedralofthenativitybv.flocknote.com/everyone> and follow the instructions to be added to the Parish Information group.

To sign up via text message, please text **CATHEDRALBVM** to **84576**.

Contact:

Please contact the parish office with questions or concerns, or if you'd like to volunteer as an usher or lector. Your help keeps us up and running. Thank you!!

Phone: (907) 586-1513 Email: cathedraladmin@dioceseofjuneau.org



The Beatitudes are the teachings of Jesus in the Sermon on the Mount (Matthew 5:1-10). Jesus teaches us that if we live according to the Beatitudes, we will live a happy Christian life. The Beatitudes fulfill God's promises made to Abraham and his descendants and describe the rewards that will be ours as loyal followers of Christ.

Blessed are the poor in spirit,
for theirs is the kingdom of heaven.

Blessed are they who mourn,
for they will be comforted.

Blessed are the meek,
for they will inherit the land.

Blessed are they who hunger and thirst for righteousness,
for they will be satisfied.

Blessed are the merciful,
for they will be shown mercy.

Blessed are the clean in heart,
for they will see God.

Blessed are the peacemakers,
for they will be called children of God.

Blessed are they who are persecuted for the sake of righteousness,
for theirs is the kingdom of heaven.

Donations for week of July 26, 2020

Sunday, 10:30 am Mass: \$850.00

Weekly Electronic donations: \$2,900.00

Thank you for your generosity!

If you wish to donate electronically, go to our website: juneaucathedral.org and click on "Donation".



**18th Sunday in Ordinary Time
Acting with courage**

Reading I: Isaiah 55:1-3 (invitation to grace)

Reading II: Romans 8:35, 37-39 (indomitable love of Christ)

Gospel: Matthew 14:13-21 (Jesus feeds five thousand)

Key Passage: For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord. (Romans 8:38-39)

Adult: To whom could you bring the assurance of Christ's love this week?

Child: Jesus fed the crowds today. How does he offer you spiritual nourishment